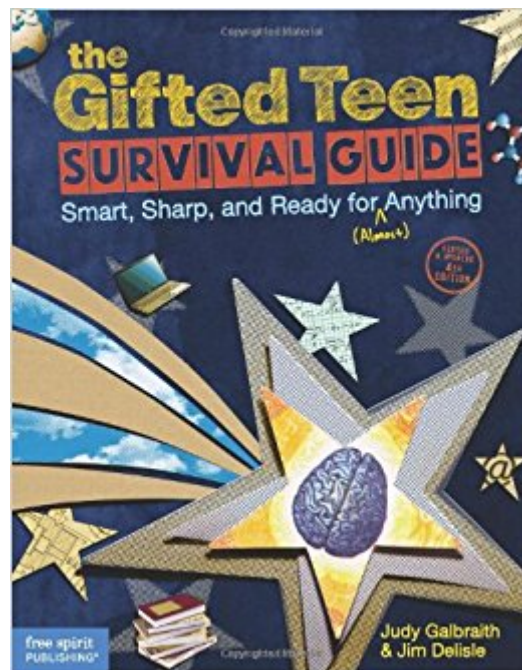




The book was found

# The Gifted Teen Survival Guide: Smart, Sharp, And Ready For (Almost) Anything



## Synopsis

Based on new surveys of nearly 1,500 gifted teens, this book is the ultimate guide to thriving in a world that doesn't always support or understand high ability. Full of surprising facts, survey results, step-by-step strategies, inspiring teen quotes, and insightful expert essays, the guide gives readers the tools they need to appreciate their giftedness as an asset and use it to make the most of who they are. The fourth edition has been revised for a new generation of high-end learners and includes information on twice-exceptionality, emotional and social intelligence, creativity, teen brain development, managing life online, testing and standards, homeschooling, International Baccalaureate programs, college alternatives, STEM careers, cyberbullying, and other hot topics.

## Book Information

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## Customer Reviews

"This book provides gentle, straightforward, and realistic advice to teens who find that their giftedness is not always simple. The tone indicates quite clearly that the authors have a deep understanding of gifted minds and gifted children. Gifted young people everywhere should have access to this book, and the adults who work with them will gain a better understanding of them from it." —School Library Journal

"This frank appraisal of the challenges and rewards of being smarter than your average bear continues to provide effective self-confidence-building advice on a broad array of issues . . . discussions of intensity, of being 2E, and other specialized topics add a distinctive slant." —Booklist

"This updated 4th version is better than ever, keeping the best themes from the older versions but in a readable new format, and including lots of new stuff,

too. VOYA (Voice of Youth Advocates) February 2012

Galbraith, Judy and Jim Delisle. *The Gifted Teen Survival Guide: Smart, Sharp, and Ready for (Almost) Anything*. Free Spirit, 2011. 272p. \$15.99 Trade pb. 978-1575423814. Index. Illus. Charts. Further Reading. This new edition of the standard guide contains new information and updates for today's gifted teenagers. Previous editions were titled, *The Gifted Kids Survival Guide: A Teen Handbook*. New survey information gathered from 1,400 teens forms the basis for this edition. In sidebars called, "The Survey Says," students are quoted on subjects such as IQ testing, developing a philosophy of life, and what makes a great teacher. "Gifted People Speak Out" are essays written by adults about their experiences as gifted teens. Quizzes and lists of tips (e.g., "12 Tips for Making and Keeping Friends," "10 Tips for Talking to Teachers," "10 Tips for Combating Perfectionism") provide specific suggestions for handling complex issues facing gifted students, and also provide means for directly engaging readers. The book is organized into nine chapters including information on questions such as: What is giftedness and intelligence? How do I experience the world and deal with intense feelings? How can I manage time and handle stress? How can I advocate for school changes that better suit my needs? What educational alternatives do I have (e.g., home schooling, online universities, virtual learning)? How do I choose a college and make decisions about internships and gap years? What should I do if I'm teased, bullied, or cyberbullied? When is it important to please (or not) my parents? What if I am gifted and gay, or twice exceptional (gifted and have a disability)? This guide is readable, engaging, and positive without being moralistic. It offers answers and suggestions that are not simplistic. In today's financial climate, many programs for gifted teenagers have been cut, leaving students to act as their own advocates. This book can help them negotiate their way through the snares of being a teenager with confidence and success.

Florence Munat. "Judy and Jim have outdone themselves with the 4th edition of their popular survival guide. This book is essential reading for gifted teens, as well as for their parents and teachers. It's one of the most comprehensive overviews of the issues gifted adolescents face. Packaged in a lively and easy-to-read format, the book offers myriad practical tips for students."

Del Siegle, Ph.D., professor, University of Connecticut, and past president of the National Association for Gifted Children (NAGC). "This new edition is the best yet! It has a fabulous format that is very appealing to teens. I consider it a must have book."

Margaret Gosfield, acquisitions editor, *Gifted Education Communicator*. "The Gifted Teen Survival Guide is chock full of useful information for gifted teens and the adults who care

about them. In these pages you will find an open, honest discussion of what it means to be gifted, as well as all kinds of tips for relating to the world as you are and for taking yourself wherever you want to go! Galbraith and Delisle skip the platitudes, deconstruct common misconceptions, and get to the heart (and brain) of real issues for gifted teens. •Corin Barsily Goodwin, executive director, Gifted Homeschoolers Forum, and author of *Making the Choice: When Typical School Doesn't Work for Your Typical Child* “Teachers and parents of gifted adolescents will glean insight into social and emotional challenges faced by gifted teens as they explore this valuable resource. •Gifted Child Today

Sage advice for gifted teens who want to think for themselves, relate well with others, and reach their potential in life

I ordered this to share with a couple of gifted teens that were struggling. I found that while there were some broad generalizations made by the author that don't really apply to many gifted teens, it offered some good subjects for discussion amongst our little group. I would recommend this book to parents and teens that are finding the social and interpersonal aspects of being gifted a challenge.

I just got my master's in GT. Why we didn't read this book in my coursework is beyond me! I had been disappointed by the companion to this book for kids under 10 but this book was GREAT. I teach for International Connections Academy and we will be using this book for our Affective Education program for our middle schoolers. The authors did a great job of making it interesting to read for adults and teens. I found the chapters to be well organized and the information grouped together nicely.

This is an excellent book, and very appropriate for actual teens. I am using it with pre-teens and found a few things too disturbing to use in the last chapter (why describe how some depressed teens committed suicide?!) I'm still going to use the books, but will cut out the last chapter.

This Gifted Teen Survival Guide was very helpful to me with my gifted young teen who is very sensitive to all the mean comments and actions, and who often feels like a misfit. This helped us see that other teens have faced and handled similar issues! That is probably its best use! It helps my teen see that she is not the only one. The advice and suggestions are also sufficiently up to date to be helpful to a 2012 teen. Since this book was updated in 2011, it is still relevant. Because of the

fast pace of technology, many other books are already out of date.

This updated version of the survival guide came out just when I needed it. I have always felt the guide was the best resource out there for gifted students and teachers both. I had just commented to a colleague that I wished there were a new version out because the older one was beginning to seem a little dated. I was so pleased to see that this edition had just come out. This book is a "must have" for all secondary gifted instructors and their students.

thanks

Bought for my daughter. She started reading on Christmas and is already taking notes! She love it.

I find this guide to be very useful for my Gifted/Talented students, who oftentimes don't understand how different they are from average students.

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